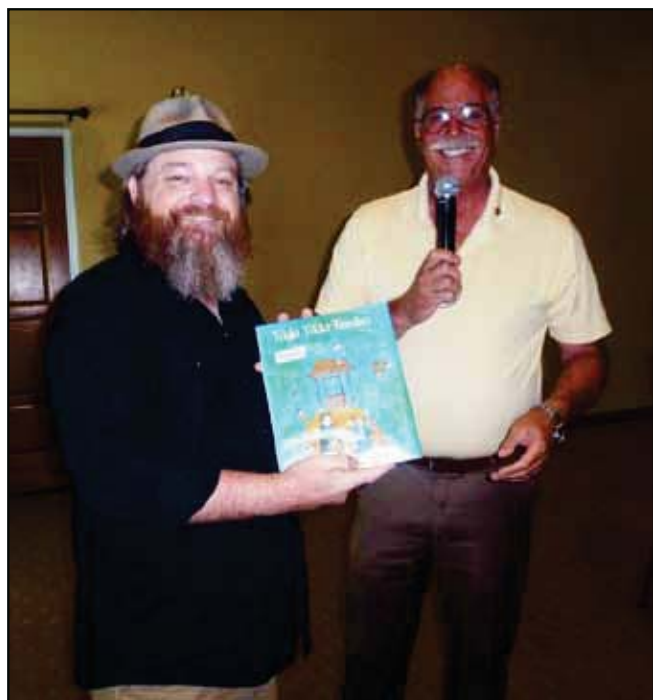




The *Award Winning* Weekly Publication of the Rotary Club of Victorville

July 29, 2014

## Sage Hypnotherapy - Unlocking Your Potential



Bryan C. Dunn MA, H, CAHA  
SageHypnotherapy.com  
(760) 985-8270



Rotary's guest speaker this week offered his perspective on the many reasons folks can utilize the unique therapy of Hypnosis (Hypnotherapy) to improve themselves in a variety of ways.

In Bryan's words, "Hypnosis is merely a deeper state of relaxation that allows us to help you get into your subconscious to help change the behaviors that are causing you problems." Hypnosis can also help improve your golf swing, or help you sleep better... help you quit smoking... or help you manage your weight.

Bryan emphasizes that Hypnosis is not mind control. Hypnosis is not magic. Hypnosis cannot make you somebody's slave or zombie. Hypnotic trance does not last forever. Hypnosis is merely a way of retraining a person's brain. For example, Hypnotherapists are frequently able to assist doctors and their patients with pain management, weight management, pre and post surgery hypnosis, smoking cessation and many more concerns.

Hypnotherapists assist athletes achieve peak performance. Sports players often get help overcoming hurdles thereby unlocking the potential they have stored within. Both individual athletes as well as teams have benefited from sports hypnosis. Billy Joel, Matt Damon, Ben Affleck, Drew Barrymore, Katy Perry, Debra Messing, Kate Moss, Ellen DeGeneres, Charlize Theron, Simon Cowell, Kevin Stone, Samuel Jackson, Winona Ryder, Ashton Kutscher, Brittany Spears, and many other celebrities as well as this Editor, Mary Teran, have stopped smoking with hypnosis!

### Thank you to today's Functionaries



**Invocation:** Van Young  
**Flag Salute:** Eddie Hernandez  
**4-Way Test:** Dan Munsey  
**Song:** Al Castellucci

### THIS WEEK'S GUESTS



Rosanne Weathers introduced this week's guests. We welcomed Jennifer Hernandez of Sunset Hills Children's Foundation (Orr); Richard Ives of the State Federal Prison system (Castellucci); BJ Johnson of Life Church (Earle); and Daija Trujillo, guest of Jennifer Starbuck.

**PLEASE JOIN US EVERY TUESDAY FOR FELLOWSHIP AT 11:30 A.M. BEFORE OUR MEETING IS CALLED TO ORDER AT NOON.**



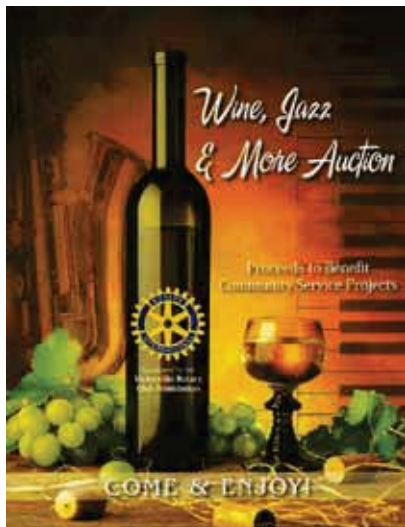
## Russ Returns

**Hough** attended via satellite again this week, and Past President **Russ Stringham** took over handling **Steve's** Presidential duties, because he's such a nice guy!

**Dwight Johnson** invited anyone who wishes to attend the Wine, Jazz & More committee meeting this Thursday at Bob's Tire Rotary Room at 5:30. Raffle Prizes, Sponsors, and Auction Items are needed. Some great items have been donated: **Jon Hove** donated \$600 worth of rock as an Auction item and **Don Lager** has offered a 55" Television! In addition, Desert Valley Hospital is a \$1500 Sponsor for; thank you **Rosanne Weathers**!

**Russ** thanked **Jon Hove** for hosting the Movie Night; all had a great time! **Brad Letner** announced that we have hundreds of food items that will be taken to The Lord's Table. Next Tuesday (Aug. 5th) is the last chance to bring Pantry items, which will be delivered on Wednesday morning. **Brad** could use help loading the van on Tuesday and unloading it on Wednesday. You may contact him at (760) 964-0046.

The "Luci" Lights have arrived! You can pick yours up from **Margaret Cooker** if previously ordered, and this is an ongoing fund raiser, so they will be available by ordering on the clipboard going around at meetings.



**SPONSORS,  
AUCTION  
ITEMS &  
RAFFLE  
PRIZES  
NEEDED!**



Go to Facebook.com. In search bar type in:  
Rotary Club of Victorville.



New Rotarian Mark McKay visited the Lawndale Rotary Club, and exchanged Rotary Club flags. He is presenting theirs to our Club, and his visit to another club completes yet another step toward receiving his official "blue badge". Way to go, Mark!

[www.victorvillerotary.org](http://www.victorvillerotary.org)

## LUCKY BLUE DICE

For a change of pace, Steve is choosing "dice" to pick from the blue velvet bag. Choose the blue "dice", and you'll be a winner!



This week Mary Hennessy was the first to choose a dice, and picked a white one, as you can see.

Next week...

**\$250 / 13 Dice**



## Rotary Club of Victorville



Brad Letner is in need of assistance following next week's meeting to load Pantry items into his van. He could also use help on Wednesday morning unloading the items at St. Joan of Arc's Church in Victorville. If you are able to assist, contact Brad at (760) 964-0046. You are guaranteed a "Rotary Moment" upon delivery of these items to the needy.



The Spoon of Exemption was hotly contested for the month of August between Van Young, Caroll Yule, Mary Hennessy, and Rosanne Weathers. The winning bid was \$160, made by Rosanne for Desert Valley Hospital!



*Pastor Paul Earle*

Robin Cacklin used her last week as "Spoonholder" for Life Church to invite Rotarians to attend. You can visit the web site at: [info@vvlifechurch.com](mailto:info@vvlifechurch.com).



## FINE & RAFFLE SESSION:



**Dwight Johnson** had some fun as Fine-master this week at the request of **Sam Lucia**, although it seems **Sam** is saving some of his best fines for next week. **Dwight** fined the member who has been married the least amount of years...

**David North**, (although he had just left) for \$20 = 20 years, and **John Kroencke** has been married for 58 years, although no fine was levied, out of respect for this achievement. Congratulations, **John** and **Jo Ann**! **Dwight** had a cool "What am I?" game, and several tables received fines, excepting guests or Honoraries. Some of **Dwight's** riddles were real stumpers, and lots of laughter ensued. Thank you, **Dwight**. Nice Raffle prizes today; a few members receiving more than one: **McKay's Mortuary** donated a First Aid Kit, won by **Gary Adams**, who also took home a nice Bottle of Chardonnay from **Paula Porter**. **Dwight** joked that we have all been hypnotized to think **Gary** wins every week (which he does)! The \$25 **Midway Home Solutions** Gift Card went to **Mark McKay**, as did the **Desert Valley Hospital** Bag and Sweatshirt AND **Kevin Kane's** VTA Emergency Flashlight! **Hough's** Coffee Notebook went home with **Margaret Cooker**; **Steve Orr** received a Fox 106.5 George Thorogood C.D. from **Dwight Johnson**, and "Dipping Bowls" from **Hough**. **Caroll Yule** took home one of **Hough's** Scented Candles, as well as a DVD on the Gospels of Matthew from **Life Church**. **Destiny** (sitting in for Don Lager) won Mavericks Tickets from **Dwight Johnson**, and **Rosanne Weathers** won **Dwight's** Mavericks Tickets for Daily Press Night.



## WHAT'S IN MARGARET'S CAN??

Collected this week: \$24.00

Collected to Date: \$11,476.31

Total equals: 85,702 Doses!

One dollar equals 2 doses of vaccine!  
\$500 pays for a Polio Clinic!

## Rotary Club of Victorville Mission Statement



The Rotary Club of Victorville

is committed to the identification of

unmet community needs; and to the meeting of those needs, where appropriate,

by the mobilization and allocation of member and community donations of time and money.

## VICTORVILLE ROTARY CLUB OFFICERS

### Board of Directors

President .....	Steve Murray
Immediate Past President .....	Russ Stringham
Treasurer .....	Donna Wells
Executive Secretary & Foundation .....	Margaret Cooker
Incoming President/Membership .....	Ben Tafoya
Public Relations .....	Kevin Kane
Club Service & President 2016-17 .....	Dwight Johnson
Community Service .....	Brad Letner
Youth Service .....	Ginger Ontiveros
Vocational Service .....	Jim Barnes
International .....	Dan Dever
Foundation .....	Margaret Cooker

### Members-at-Large:

Rob Kilpatrick • Mark Taylor

### Positions & Committee Chairs 2014-2015

BOD Secretary .....	Marilyn Buttelwerth
Sergeant At Arms .....	Gary Adams
SongMaster .....	Al Castellucci
Club Activities .....	Dwight Johnson
Membership .....	Ben Tafoya
Programs .....	Mike Page
Publicity/Public Relations .....	Kevin Kane / Dwight Johnson
Scholarships .....	Ginger Ontiveros
Wine, Jazz & More .....	Dwight Johnson
Cards and Calls .....	Pam Murray
Newsletter .....	Mary Teran

The Victorville Rotary Club meets every Tuesday for fellowship at 11:30 a.m. and meeting at 12:00 noon at the Green Tree Golf Course Clubhouse, 14144 Green Tree Blvd., Victorville

### Make-up Days and Locations

<b>MONDAY:</b>	San Bernardino East, Imperial Palace, noon Rotaract, 2nd Mon., VVC Student Activities.
<b>TUESDAY:</b>	Rancho Cucamonga Sunrise, 7:15 a.m. Empire Lakes Golf Course Rancho Cucamonga, 12:00 p.m., Etiwanda Gardens Hesperia, 7:00 a.m., Denny's, 14165 Main St. University Prep Interact Club, 1:45 p.m.
<b>WEDNESDAY:</b>	Adelanto Club meets 2nd Wed. at Chamber Room at Maverick Stadium at 11:30 a.m., and the 3rd and 4th Wed. at R&S Beverage Co., 17500 Adelanto Rd., Adelanto. San Bernardino Crossroads, Hilton, noon, Barstow, Quigley's Outlet Center, Lenwood, noon University Prep, 7th and Forrester, 2:00 p.m.
<b>THURSDAY:</b>	Apple Valley, Apple Valley Country Club, noon Ontario, 12:15 p.m., Doubletree Hotel San Bernardino, Denny's at I-15, 7 a.m. Redlands, Masonic Temple, noon Victor Valley Sunrise, Coco's, Victorville, 7 a.m.
<b>FRIDAY:</b>	San Bernardino North, Elks Lodge, 12:05 p.m. Rotaract, 4th Friday, noon, VVC Student Activities



### Important Dates

## Mark your Calendar!

**Aug 7:** Program Committee Meeting  
5:00 - Daily Press Conference Rm.



**Aug. 18:** **NOTE NEW DATE - BOD Meeting**  
DCB Board Rm. Hesperia/Silica -  
5:00 - Fellowship. **Blue Badge Requirement.**

**Sept. 6:** Wine, Jazz & More Auction  
Spring Valley Lake Community Building

IF YOU ARE NOT RECEIVING YOUR JOSHUA TREE LINK VIA EMAIL, PLEASE CONTACT MARY TERAN TO GET ADDED TO THE EMAIL DISTRIBUTION LIST.

## UPCOMING ROTARY PROGRAMS

- Aug. 5:** Dr. Roger Wagner, Superintendent / President, VVC - Topic: "Victor Valley College Update" (Ontiveros)
- Aug. 12:** Gene Lumsden, CEO - Legacy Sports International and Turner's Outdoorsman - Topic: "My Life, My Career and People" (Basen)
- Aug. 19:** T.B.A.

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## The Joshua Tree

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P.O. Box 734 • Victorville, CA 92393 • [www.victorvillerotary.org](http://www.victorvillerotary.org)

Mary Teran, Editor (760) 861-8520 • [maryteran1@gmail.com](mailto:maryteran1@gmail.com)